

INFO	Tuesday	Wednesday	Thursday	Friday
	<p>3 LINK Opens at 9:30 9:30 - 12:30 Drop-In 1:00 - 3:00 Creative Art 4:15 – Youth Group</p>	<p>4 LINK Opens at 9:30 9:30 – 11:00 Drop-In 1:30 – 3:00 Post W.R.A.P. 1:30 – 4:15 LUCKY Bingo \$2 x 2 cards Bus Pick-Up: Perth 12:30 Smiths Falls 1:00</p>	<p>5 LINK Opens at 11:00 11:00-12:00 Drop-In 1:30-3:30 “Drumming Circle” With Matt (No Bus)</p>	<p>6 LINK CLOSED Special Event for WOMEN’s DAY SIGN UP REQUIRED</p>
	<p>10 LINK Opens at 9:30 9:30 – 11:00 Drop-In 1:00 – 3:00 Creative Art</p>	<p>11 LINK Opens at 9:30 9:30 – 11:00 Drop-In 1:30 – 3:00 “Making LINK Memory Box” With photos</p>	<p>12 LINK Opens at 11:00 11:00-12:00 Drop-In 1-1:30 Members’ Meeting 1:30-3:30 Armchair Travels “Trekking in Nepal”</p>	<p>13 LINK OPENS at 5pm 6:00 – 9:30 Karaoke On-Stage Party (An evening of live music. Includes Dinner, coffee, tea and fun) COST: \$ 5.00 Bus Pick-Up: Perth (5:00) / Smiths Falls (5:30)</p>
<p>Check out www.mhsp-links.ca For links and other great info</p>	<p>17 LINK Opens at 9:30 9:30 – 11:00 Drop-In 1:00 – 3:00 Creative Art 4:15 – Youth Group</p>	<p>18 LINK Opens at 9:30 9:30 – 11:00 Drop-In 1:30 – 3:00 Post W.R.A.P. 1:30 – 4:00 “Games Afternoon with Matt</p>	<p>19 LINK Opens at 11:00 11-12 Drop-In 1:30-3:30 “Song Circle” With Matt & Jeff (No Bus)</p>	<p>20 LINK Opens at 9:30 9:30 - 11:30 Drop-In 1:00 - 2:00 “ Introduction to Journaling” 2:00 -3:00 Spring Fling Gardening Meeting</p>
	<p>24 LINK Opens at 9:30 9:30 – 11:00 Drop-In 1:00 – 3:00 Creative Art</p>	<p>25 Wheeler’s Sugar Bush with a stop @ Balderson Village (1:45-2:15) Bus Pick-Up: Smiths Falls 10:00 Perth 11:00 BUS Departs LINK 10:30 am SIGN UP REQUIRED</p>	<p>26 LINK Opens at 11:00 11 - 12 Drop-In 1:30 – 3:30 Billiards Afternoon</p>	<p>27 LINK Opens at 9:30 9:30 – 11:00 Drop-In 1:00 – 2:00 Information Session “Talk on Peer Support” 2:00 – 3:00 “Pictionary” Game Fun Afternoon</p>
<p>Version 1</p>	<p>31 LINK Opens at 9:30 9:30 – 11:00 Drop-In 1:00 – 3:00 Creative Art 4:15 – Youth Group</p>	<p>For Bus Information, please call Matt Fenton at LCMH (613) 283-2170 ext 241 For other enquires, please call the LINK at (613) 284-4608</p>		

